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## Gardening Activities To Do At Home

### Family Activities To Do In Your Garden

Fun activities to do at home with kids with minimal materials required. These activities are ideal for families with a garden or yard.



### 1

#### Scavenger Hunt in the Garden

This activity by Kids Gardening gets kids outside and observing the world around them! Using a clipboard, pencil, and scavenger hunt list, students can explore and discover what is growing in their backyard. Ideal for grades K - 5. <https://bit.ly/3nUSvdW>



#### Composting at Home

This activity by the Farm to Institution Center encourages kids to reduce food waste while also learning about the science and benefits of composting. Using a ziplock bag or plastic container and food scraps, create your own mini compost bin and watch as nutrient-rich compost is made! Ideal for all grades. <https://bit.ly/3k5k160>

### 2

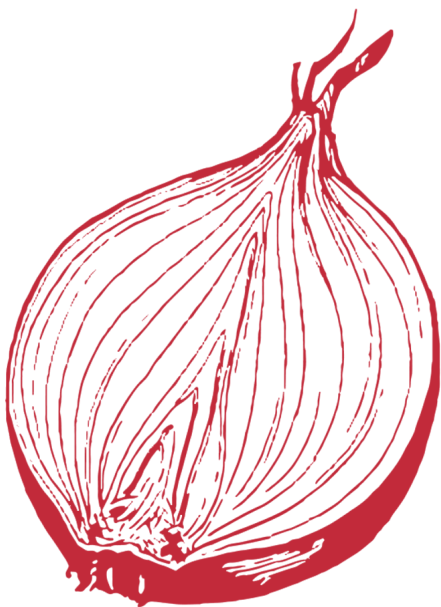
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FarmToSchoolCollective.org



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### **Plant a Scrap Garden**

This activity by Kids Gardening teaches kids when and how to plant certain vegetable seeds. It also includes some healthy recipes to utilize once the vegetables have grown! Using only seeds, an outdoor space, soil, sunshine, and water, watch as your seeds transform into delicious snacks for everyone to enjoy! Ideal for all grades. <https://bit.ly/2FwThfL>



### **Plants Need Light**

This activity by The Edible Schoolyard Project shows kids the science behind photosynthesis in their own backyard! With minimal resources, kids can conduct their own science experiment, make predictions, and come to a conclusion about why plants need light. Ideal for grades 3 - 5. <https://bit.ly/3nTzPLE>

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### **Garden Insect Stakeout**

This activity by the Garden School Foundation introduces kids to the amazing ecosystem within their own backyard or garden! With just the provided worksheets, a clipboard, and a pencil, kids can explore their yards to find and observe the many insects that dwell there! Ideal for 2nd - 4th grade. <https://bit.ly/3lKwXyA>

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# 5

## Gardening Activities To Do At Home

Family Activities - No Garden Needed

Fun activities to do at home with kids with minimal materials required. No yard or garden is needed for these educational activities.

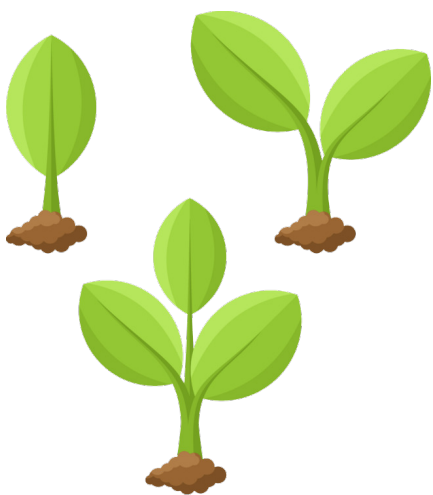


### 1

#### Seed Planting in Toilet Rolls

This activity from the Captain Planet Foundation takes something that would usually be thrown away and transforms it into an eco-friendly planter! This quick 5-minute activity requires a toilet paper roll, soil, seeds, water, and patience. Recommended for all grade levels.

<https://bit.ly/3btrwAa>



#### Seed Balls

This activity from Kids Gardening is fun to create and contributes to a greener planet! In about 30 minutes, you will have seed balls ready to throw in green spaces to create a more vibrant ecosystem! This requires clay, soil, seeds, and water. Recommended for all grade levels. <https://bit.ly/359dtPs>

### 2

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### **Kitchen Scrap Gardening**

This activity by Kids Gardening explores the amazing world of vegetable regrowth!

Through using something you would usually throw away or compost, like a carrot top, over time, it will begin to regrow and provide more food! Recommended for all grades.

<https://bit.ly/2FbWXTu>



### **Taste Test / Food Critic For a Day**

This activity guide by FoodCorps explains how to conduct meaningful taste tests using fruits and vegetables! These activities may require some printed activity sheets as well as fruits and vegetables to taste. The activities can range in time, but are open to all grades. <https://bit.ly/315VGFV>

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### **Recipes / Eating the Rainbow**

These videos created by FoodCorps member, Miss Grace the Garden Lady, show the benefits of eating colorful fruits and vegetables! Within two short videos, you can learn the health benefits of colorful foods and a tasty recipe that incorporates many colors! Recommended for grades K - 5th. <https://bit.ly/3k6P2GQ>

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# 5

## School Garden Learning Activities

Virtual Learning Lessons for Teachers

Fun activities for teachers to do virtually with students to learn more about gardening, agriculture, food, and cooking.



### 1

#### The History of Herbs and Spices

This activity created by the Whole Kids Foundation includes opportunities for students to research and explore the rich history of culinary herbs! This 30-minute activity only requires a computer and internet access, so it is perfect for a virtual platform. Recommended for grades 3rd - 5th. <https://bit.ly/31Vq06K>, pg. 78 of curriculum.



#### Nature Journaling with Students

This activity guide by Project Learning Tree discusses the many ways that nature and field journaling can connect with classroom lessons. Encourage students to keep a journal with them to record what they see, hear, feel, and more in outdoor spaces. Recommended for all grades. <https://bit.ly/2H5wAzK>

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### 2



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### Simple Color Scavenger Hunt for Kids

This activity created by I Heart Crafty Things allows for students to explore their backyards or the green spaces around them along with their classmates. This activity can take up to 30 minutes and uses only a white paper bag and colored markers! Recommended for grades K - 3.

<https://bit.ly/3hVQqLi>



### San Diego Harvest of the Month Videos

These videos by San Diego Unified School District showcase some of the local farmers in San Diego County who provide fresh fruits and vegetables to their school meal program. Each video is under 5 minutes and can provide a great introduction to agriculture in San Diego County. Recommended for all grades.

<https://bit.ly/3lUCI35>

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### Let's Dissect a Flower!

This video by Corvallis Environmental Center is a great introduction into botany and pollination. By simply observing all the parts to a flower, one can see how it is able to attract pollinators and reproduce. Show this video to a class or use it as inspiration for a lesson.

Recommended for grades 6th - 8th. <https://bit.ly/31rPZC8>

A learning resource provided by:  
FarmToSchoolCollective.org

